

Application Letters – CCP

Mijke Dhondt

Dear Board of Advisors, dear GMA,

In this letter I will try to convince you of my enthusiasm about continuing as Confidential Contact Person (CCP) of SIB-Utrecht. I will tell you about several skills and experiences I have with mental health and confidentiality make me a suitable CCP.

First, my passion for mental health and helping others find a way in this has always been prominent in my life. I love being a listening ear and I think it suits my personality. A logical step for me was to study psychology. As I am now in the end-stage of my masters, we could say this was the right choice for me.

Second, I have several experiences that have prepared me for the position of CCP. For example, my work at the AllesOké? Supportlijn, which helped me develop my conversational skills. Or my work in psychiatric hospital clinics, which challenges me to look past my own prejudice and to help someone to have the most humane and kind experience, regardless of their past. And of course, the previous year of being a CCP has thought me a lot as well. It is so very important to have someone that is there for the members. A good CCP is judgement free and knows how to help someone to take the next steps if necessary. I think my CCP training and experiences have made sure that I can be that person.

As I am already a sixth-year member of SIB-Utrecht, I am not sure if I will be a very active member this coming year. However, I will probably show up occasionally because I am not ready to leave SIB behind! I hope this can ensure my presence in the association, and hopefully people will know how to find me.

In short, I think that I am very suitable for the position of Confidential Contact Person of SIB-Utrecht. My skills, experience and my personality make me trustworthy and very capable of being a listening ear. If you have any questions, feel free to ask them, or to contact me!

Kind regards,

Mijke Dhondt

Maya Keur

Dear board Schreurs, dear GMA,

With this letter I would like to apply for the position of Confidential Contact Person (CCP). Over the past years I have been an active member of SIB-Utrecht, having been in numerous committees and being a former Commissioner of External Affairs. I have really enjoyed my membership so far and can confidently say I have continued to be a familiar face within the association. I am and always have been passionate about making SIB a welcoming and safe place for everyone. Besides being an active member of SIB, I have also finished my bachelor in pedagogical sciences. Currently, I'm getting my second masters in Clinical Child, Family and Education Studies. Last year, I also started volunteering at Alles Oké, a support line, which offers support to young adults between 18 and 25 years old.

Besides my thorough knowledge of the association, the knowledge I obtained during my studies will also help me fulfill the role of CCP. During my studies, I have learned a lot about listening, communication and the different obstacles people can encounter during their life. During my time at Alles Oké, I have already learned a lot about how to be a lending ear and sounding board for a wide array of issues. A lot of emphasis on meeting people where they currently are was also placed here, which I think is a useful skill for a CCP to have. Therefore, I'm confident I can fulfill the position without problems, as I already have experience in listening and supporting people without judgment. I would like to bring these skills to the position of CCP within SIB as well, so I can do my part in making sure other people's experience within SIB is as good as mine.

I am very excited to fulfill the role of CCP, and I hope you see me as a good fit for this position. I am, of course, more than happy to answer any questions.

Kindest regards,

Maya